

THIRSTY, MUCH!

Make it a double!

HOT DRINKS

Four Rascal Beans Coffee 4.2 / 5 / 6
Blend: Ragamuffin Organic
+ Extra Shot / .50
+ Seasonal Blend / .50 **TRY ME!**
+ Decaf / .50
+ Milk Alternative / 1
+ Vanilla, Caramel, Hazelnut syrup / .50

dr richard's nitro cold brew 5
espresso 3.5
double espresso/ magic 4
babycino 2
mocha 5.5 / 6.5
HUE matcha/turmeric/red velvet latte 5 / 6
hot chocolate 5 / 6
cinnamon chai latte 5 / 6
sticky nine spice chai your choice of milk **pot 8**
chamellia loose leaf tea **pot 5**
breakfast, earl grey, peppermint, chamomile
tulsi & rose, lemongrass, china sencha

ICE, ICE, BABY

iced 6.9
latte, coffee, mocha, chocolate, chai
super scoop milkshake 7.5
chocolate, vanilla, strawberry, caramel,
banana, blue heaven, lime, rainbow
ultra thickshake 9.5

MILKS

Bonsoy Soy 1
Milk Lab - Lactose Free / Almond
Macadamia / Coconut/ Oat



Settle

G R E T E L

SQUEEZE IT

freshly squeezed juice 8.5
orange, apple, watermelon (any combination)
noah's bottled juice 5
berry, mango kiwi, watermelon mint,
apple, orange, veggie

SMOOTHIES

snap-frozen whole fruit blended with 10
coconut water & apple juice
mango dream
mango & pears
acai kick
acai berries, wild blueberries, mango & strawberries
green reviver
kale, banana, mango & lemongrass
passion storm
passionfruit, guava, peach, pineapple & papaya
strawberry fantasy
strawberries & banana

FIZZY

cans 4
coca-cola, coke no sugar, sprite, dr pepper,
fanta, chupa chup orange
lipton iced tea 5
lemon, peach
see fridge for more choices including
kombucha, craft sodas, calypso

Have you visited *Love Gretel* in
Frankston South yet?

We do functionals!

Celebrating a milestone?

We've got the perfect spaces for a party!

If you love to party, feel pretty in pink and crave a
great coffee, look no further and let Settle Gretel take care
of it all.

ALL DAY MENU

Available until 230pm, sweets/coffee until 4pm

FEED ME!

big brekky board / 28 gfo / vegan op
free range eggs, sourdough, bacon, fresh tomato, hash brown, garlic mushrooms, house relish, smashed avocado, breakfast sweet

passionfruit pancakes / 20 gfo
buttermilk pancakes, passionfruit curd, strawberries, honeycomb butter, crushed lavender meringue
make it savoury instead – Canadian Pancakes

eggs benny / 21 gfo
double smoked ham, english muffins, spinach, onion jam, poached eggs, smoked egg hollandaise, herb crumb
swap ham for salmon / 3

smashed avo / 21 gfo / vegan op
heirloom tomatoes, pesto, crumbled feta, dukka, poached egg, sourdough
add a house-made hashbrown / 4

corn fritters / 21 gfo / vegan op
smashed avocado, mint yogurt, crumbled feta, roasted capsicum salad
add bacon / 6

crumpets / 17
house made lemon curd, broken lavender meringue, fresh berries, crushed macadamia, lemon balm cress

calamari salad / 22 gfo
flash fried calamari, freekeh, pickled fennel, shaved shallots, peas, rocket, aioli

chickpea salad / 16 gfo / vegan op
quinoa, cucumber, cherry tomatoes, capsicum, crumbled feta, seed mix, mint vinaigrette
add chicken, bacon, salmon / 6 each

SWEETS

flowerpot scones / 7
local jam, cream, raspberry lavender powder

hot jam donuts / 1.5 or 4 for 6

flyin fox ice blocks / 5

scoop ice-cream
see freezer for flavours

see display fridge for daily sweets
vegan & gluten free options available

THE LIGHTSIDE

free range eggs your way / 12

- poached, fried, scrambled
- sourdough, multigrain
- gluten free / +1

toast / 6.5

- sourdough, multigrain, fruit
- gluten free / +1
- crumpets / +4
- jam, honey, peanut butter, vegemite

bacon & egg roll / 9

cheese, tomato relish

wraps / 12

- pesto chicken, dill mayo and salad
- pumpkin, feta, pesto, spinach vegan

add a side of chips / 4

chicken schnity roll / 14.5

add a side of chips / 4

decker toasties

- ham, cheese, tomato / 9 (any combination)
- avocado, spinach, tomato, cheese / 10 vegan op

SIDES

bacon, salmon / 6 each

spinach, tomato, mushroom / 4 each

house-made hash brown, avocado / 4 each

smoked egg hollandaise / 4

haloumi fries, chips / 8 each

potato cake / 2

KIDS 12 years and under

pancake / 9

ice-cream, bananas, maple syrup

nuggets / 9 gf

chicken nuggets, chips

eggs / 9 gfo

scrambled egg, bacon, toast

Follow us @settlegetel.cafe!

CHEF'S CREATION

ask us about our specials!

*ALTHOUGH WE ENDEAVOUR TO CATER FOR THOSE WITH FOOD ALLERGIES
OUR FOOD MAY CONTAIN TRACES OF ALLERGENS AND WE CAN NOT FULLY
GUARANTEE THEIR ABSENCE FROM OUR MEALS*